

Assignment Study choice Step 1: Orientation

Print out the three assignments or fill them in digitally

What factors influence your doubts about your study choice?

The list below indicates various factors that may influence your level of satisfaction/dissatisfaction/doubt regarding your study choice. Indicate whether these factors apply to you.

	Yes	No
I find the programme too theoretical	<input type="checkbox"/>	<input type="checkbox"/>
I find the programme too vague	<input type="checkbox"/>	<input type="checkbox"/>
I find my prior education insufficient	<input type="checkbox"/>	<input type="checkbox"/>
I think there are too few lectures	<input type="checkbox"/>	<input type="checkbox"/>
I don't know what this programme will enable me to do later	<input type="checkbox"/>	<input type="checkbox"/>
I have difficulty concentrating during lectures	<input type="checkbox"/>	<input type="checkbox"/>
I think this programme is too difficult for me	<input type="checkbox"/>	<input type="checkbox"/>
I hardly have any contact with co-students	<input type="checkbox"/>	<input type="checkbox"/>
I don't really like my lecturers	<input type="checkbox"/>	<input type="checkbox"/>
I can't plan very well	<input type="checkbox"/>	<input type="checkbox"/>
I'm easily distracted	<input type="checkbox"/>	<input type="checkbox"/>
I don't have a good study method	<input type="checkbox"/>	<input type="checkbox"/>
I don't study efficiently	<input type="checkbox"/>	<input type="checkbox"/>
I can't motivate myself enough	<input type="checkbox"/>	<input type="checkbox"/>
I don't have much perseverance	<input type="checkbox"/>	<input type="checkbox"/>
I had a different expectation of the programme	<input type="checkbox"/>	<input type="checkbox"/>
I'm not interested in this programme	<input type="checkbox"/>	<input type="checkbox"/>
I'm doubting my capacities	<input type="checkbox"/>	<input type="checkbox"/>
I'm very nervous about an examination	<input type="checkbox"/>	<input type="checkbox"/>
I feel lonely within this programme	<input type="checkbox"/>	<input type="checkbox"/>
I tire easily	<input type="checkbox"/>	<input type="checkbox"/>
My mood is influencing my study	<input type="checkbox"/>	<input type="checkbox"/>
I don't have good housing	<input type="checkbox"/>	<input type="checkbox"/>
I feel under pressure because of the study financing	<input type="checkbox"/>	<input type="checkbox"/>
I feel under pressure because of others' high expectations	<input type="checkbox"/>	<input type="checkbox"/>
I'm not interested in the profession for which this programme trains	<input type="checkbox"/>	<input type="checkbox"/>

Are there other factors influencing your opinion about your current programme?
 Also mention some positive factors about your current programme. Discuss the outcomes of the above assignment with your parents and friends and/or the counsellor/careers' advisor.

What do you find important about your study choice?

Are you mainly looking for an enjoyable study or are you also taking into account that you'll need to use it to find work? Do you look for a city first and a study later?

There are many reasons for choosing a certain study. These are different for everyone.

For each statement, indicate how important this point is for you: 1 = very unimportant, 2 = unimportant, 3 = neutral, 4 = important, 5 = very important.

	1 = totally not appli- cable	2 = not appli- cable	3 = neutral	4 = appli- cable	5 = very appli- cable
The city in which you'll be studying	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Limited likelihood of unemployment after your study	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choosing a difficult study	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The advice of your mentor, lecturer, study advisor or counsellor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining work after your study that matches your interests	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The place in which the educational institution is located	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your parents' opinion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interesting courses during your study	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The distance between where you will be studying and your current home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Good career opportunities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choosing a study that is a challenge for you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obtaining a job that pays well	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choosing a study that's close to your heart	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following the highest achievable programme	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your friends' opinions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The region in which you'll be studying	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your family's expectations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The study enables you to branch out in many directions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Choosing a study that's the best match for your capabilities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Especially doing something that you enjoy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Now complete the following table. The numbers in the 'question number' column correspond to the numbers in bold next to the statements above. In the 'awarded scores' column, enter the numbers that you selected for the statements. After you've added the scores, make a note of these in the 'total' column. Then make a ranking: the highest score is given a 1 and the lowest a 5.

Reason for your choice	Question number	Awarded scores	Total	Ranking
Interest	5+8+13+20	..+..+..+..	Sum of scores Interest	Rank scores
Capacities	3+11+14+19	..+..+..+..	Sum of scores capacities	Rank scores
Future perspective	2+10+12+18	..+..+..+..	Sum of scores Future perspective	Rank scores
Influence of others	4+7+15+17	..+..+..+..	Sum of scores influence of others	Rank scores
Location	1+6+9+16	..+..+..+..	Sum of scores Location	Rank scores

Interest

If you've indicated 1 for 'interest', you should base your study choice mainly on your interests. You find the content of the study interesting and the associated professional practice also attracts your interest.

Capacities

If you've indicated 1 for 'capacities', you want to get the best out of yourself and you should choose a study that offers you the most opportunities for this.

Future perspective

If you've indicated 1 for 'future perspective', you prefer a study with good prospects. You see a study mainly as a good investment in the future.

Influence of others

If you've indicated 1 for 'influence of others', the opinion of others plays a very important role for you. You listen to the suggestions of others and allow yourself to be influenced by these.

Location

If you've indicated 1 for 'location', the place you're going to study is very important to you. In the first instance, decide where you're going to study and then see what's available there.

Most important factors you should take into account

State the three most important factors you should take into account when choosing a new programme (include the results of previous tests and assignments).

1.
2.
3.